

The Tradition of Performance Continues...

Fall 2011 XC Highlights

- 1 Nike XC Nationals Qualifier
- 5 MIAA All-State XC Top 10 Finishes
- 16 MIAA All-State XC Qualifiers
- 3 EMass XC Champions
 - D3 Priyanka Fouda - Wellesley
 - D5 Olivia Brackett - Weston
 - D6 Sarah Keiran - Ipswich
- 11 EMass XC Top 10 Finishes
- 4 XC League Champions
 - Olivia Brackett - Dual County
 - Priyanka Fouda - Bay State
 - Sarah Foster - Middlesex
 - Lee Milne - Tri Valley
- 27 XC League Top 10 Finishes

Since 2008, Emerging Elites athletes have earned & won:

Honors & Distinctions

- 3 All-Americans
- 4 HS Nationals Top 10 Finishes
- 25 Boston Globe All-Scholastics
- 144 Boston Globe All-League Honors

Public & Private in MIAA

- 4 MIAA All-State Champions
- 17 MIAA All-State Top 10 Finishes
- 19 MIAA Divisional Champions
- 36 MIAA Divisional Top 10 Finishes
- 64 MIAA All-State XC Qualifiers
- 19 XC League Champions
- 98 XC League Top 10 Finishes

Indoor Track

In the last 2 indoor seasons, 45 Emerging Elites athletes have qualified for MIAA Indoor Divisionals with 25 finishing in the Top 10 (55%).

Outdoor Track

In the last 2 outdoor seasons, 58 Emerging Elites athletes have qualified for MIAA Outdoor Divisionals with 31 finishing in the Top 10 (53%).



Emerging Elites is a division of TRACS, Inc.

Congratulations to the 6 Emerging Elites athletes & their high school coaches on earning:

The Boston Globe
Fall 2011 All-Scholastics



Sam Fujimori
BANCROFT, SENIOR
The rest of the EIL will be glad to see Fujimori finally graduate, the four-time league runner of the year capped a brilliant career with his fourth straight title. The two-time New England champion is a National Merit Scholar and also runs indoor and outdoor track.



Ben Groleau
FRAMINGHAM, SENIOR
Groleau set a Framingham record this season, running his 2.95-mile home course in 14:47. The senior captain, in addition to being undefeated in the dual meet season, was strong in the major meets, finishing sixth in the EMass Division 1 race, and ninth (16:04) at the Division 1 All-State meet.



Olivia Brackett
WESTON, SENIOR
The Dual County League Runner of the Year finished first at the conference meet, the EMass Division 5 meet, and the Bowdoin Park Invitational. The honor roll senior also finished ninth in the Division 1 All-State race. She's also been honored with Weston's Scholar-Athlete Award.



Priyanka Fouda
WELLESLEY, SENIOR
Fouda, a repeat All-Scholastic selection, was undefeated in the regular season this year and also took the top spot at the Division 3 EMass meet. The senior captain and two-time team MVP finished eighth at both the Brown Invitational and the Division 1 All-State meet.



Sarah Keiran
IPSWICH, JUNIOR
Keiran was named the Tigers' MVP for the third straight season after her wins at the Division 6 EMass meet and the Catholic Memorial Invitational Division 2 meet. The Cape Ann League Small Runner of the Year is also the reigning indoor mile champion.



Marykate Surette
PINGREE, SENIOR
Surette finished the season undefeated, winning the EIL championship this year at Franklin Park and followed that up by winning the NEPSTA Division 4 title as well. A high-honors student, she is a two-time league all-star and is a member of the track team.

Congratulations to the 22 Emerging Elites athletes who earned Boston Globe All-League honors for Fall 2011!



Champions are made
in the off-season.

Run Smarter.



Emerging Elites Summer Program

July 2 - August 25, 2012

Brookline, Massachusetts

Easy access from 93/95/Mass Pike/Rt. 9

Mondays & Wednesdays, 6-8:30p

Saturdays, 9-11:30a

-or-

Tuesdays & Thursdays, 6-8:30p

Saturdays, 9-11:30a

Application & Admission

Athletes & parents interview with coaches prior to acceptance

Nov. 1, Rolling admission opens


March 1, Early decision deadline

May 20, Regular decision deadline

Tuition for 8 weeks \$1,875

Middle school tuition is \$1,375

 facebook.com/emergingelites

 @emergingelites

8 Weeks of Progressive Training

...not a 1-week running camp

Emerging Elites train on soft running surfaces & have access to gym, locker rooms & showers. Training venues include Brookline & Chestnut Hill reservoirs, Heartbreak Hill & Charles River footpaths.

Summer Program includes:

- Individualized daily training by Olympic coach
- Online training log reviewed daily by coaches
- 1:7 coach-to-athlete ratio
- Functional movement screen by Peter Stone, P.T.
- Core Development Program

Educational Seminars

Designed for athletes & parents

June 18, Nutrition & Hydration for Performance

June 20, Training Methodologies & Systems

Aug. 11, XC Racing Strategy

Why Emerging Elites?

College counseling & athletic recommendations

Training groups of talented & competitive peers

Year-round training opportunities

Year-round access to coaches & club staff

Club tradition of athletic performance

Apply now at www.emergingelites.com