

# TRANSPORTATION TO THE IDF 5K RUN/WALK AT ZABEEL PARK

## METRO

In an effort to keep the IDF 5K Run/Walk environmentally friendly, all participants are encouraged to take the Metro. The Metro begins service at 6.00 and runs every five minutes.

Participants traveling to Zabeel Park on the Metro should take the red line to the Al Jafiliya metro stop. Al Jafiliya is approximately 400 meters (a five minute walk) from the Gate One entrance.

From World Trade Centre (DICEC) to Al Jafiliya	1 stop, approx 2 minutes
From Emirates Towers to Al Jafiliya	2 stops, approx 4 minutes

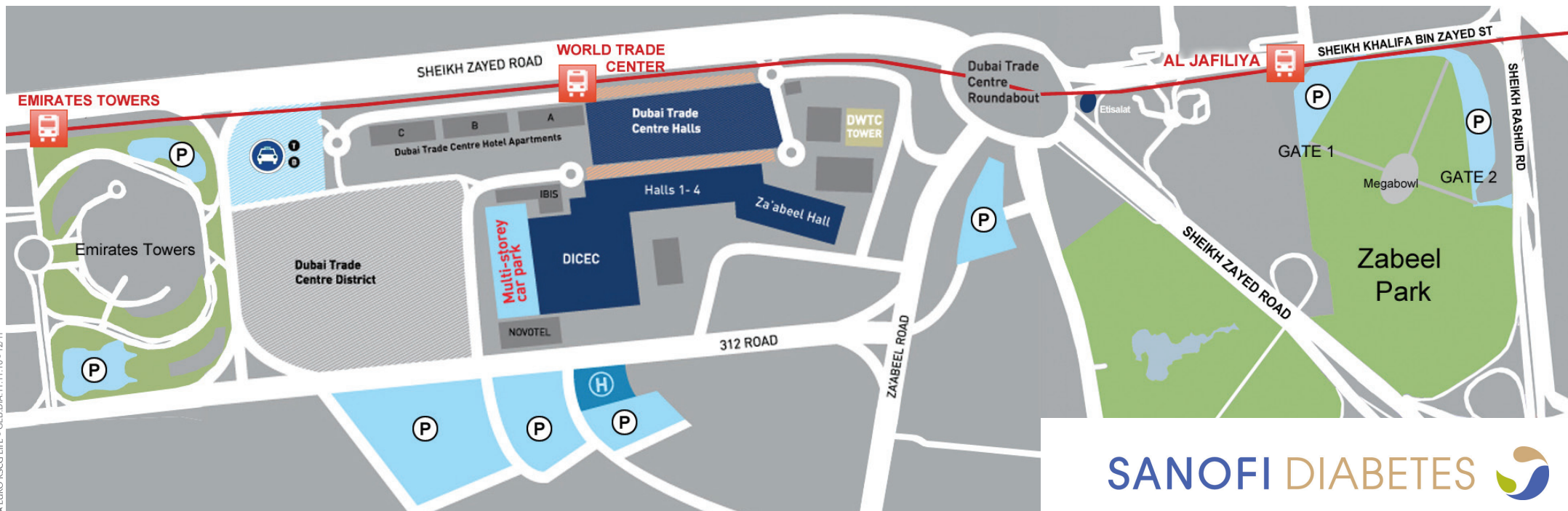
## PARKING

Ample public parking is available inside Zabeel Park outside of Gate One. The Gate One parking lot can be accessed from Sheikh Khalifa bin Zayed Street.

The **START/FINISH** area is located inside Zabeel Park in the Megabowl.



**IDF 5K Run/Walk**  
8 December 2011, 7.30  
Dubai, UAE



SANOFI DIABETES 