

28th annual  
**AADE 2009**  
 5kwalk/jog-a-thon

**5K Run Results**  
**August 8, 2009**

Overall	Time	Pace	PLC/	Age Group	PLC/	Gen	Bib#	Name	City	ST
1	20:37	6:39	1	29 & under	1	M	249	Kyle Vanderpoal	Sterling	VA
2	21:38	6:59	1	45-49	1	F	53	Karen Kemmis	Syracuse	NY
3	22:33	7:16	1	40-44	2	M	57	James Lakatos	Marshall	MI
4	23:12	7:29	2	40-44	3	M	102	Paul Fuller	Danvers	MA
5	23:21	7:32	1	40-44	2	F	243	Gina Kersten	Debere	WI
6	23:30	7:35	1	50-54	3	F	110	Cindy Spillers	Huntsville	AL
7	23:34	7:36	2	29 & under	4	M	38	Kyle Goetz	Hutchinson	KS
8	23:44	7:39	1	35-39	4	F	197	Kari Kohrs	Chicago	IL
9	23:49	7:41	1	35-39	5	M	258	Michael Santigo	Princeton	NJ
10	23:53	7:42	1	50-54	6	M	51	Mark Johnson RN	Greenville	SC
11	23:57	7:44	2	45-49	5	F	15	Karen Barbone	Canterbury	CT
12	23:58	7:44	1	30-34	7	M	98	Miguel Vega	R Cucanonga	CA
13	24:00	7:45	2	50-54	6	F	162	Anne Vollrath	Depere	WI
14	24:10	7:48	1	30-34	7	F	73	Joanne Rinker	Badin	NC
15	24:13	7:49	2	30-34	8	F	146	April Popejoy	Apple Valley	CA
16	24:20	7:51	2	35-39	8	M	71	Richard Peng	Woodland Hills	CA
17	24:42	7:58	1	29 & under	9	F	74	Melissa Romano	DeKalb	IL
18	24:48	8:00	3	40-44	9	M	59	Christopher Ludwi	Waltham	MA
19	24:55	8:02	3	50-54	10	F	105	Noreen Williams	Melbourne Beach	FL
20	24:56	8:03	4	40-44	10	M	260	Chris Conway	Wayne	PA
21	24:58	8:03	1	45-49	11	M	163	Thomas Meier	Buttisholz	
22	25:12	8:08	4	50-54	11	F	233	Cynthia Wedselt	Spfld	IL
23	25:29	8:13	2	40-44	12	F	1628	Candyn Jennings	Royal Oaks	MI
24	25:55	8:22	3	29 & under	12	M	209	Greg Wheatley	Burlington	NC
25	25:56	8:22	5	40-44	13	M	118	Gary Scheiner	Wynnewood	PA
26	25:58	8:23	2	29 & under	13	F	133	Angie Chavles	Matthewss	NC
27	26:01	8:24	2	35-39	14	F	35	Nancy Glaser	Reisterstown	MD
28	26:04	8:25	2	45-49	14	M	257	David Martin	Encino	CA
29	26:06	8:25	3	40-44	15	F	149	Janet Mathavich	Anderson	IN
30	26:10	8:26	3	35-39	16	F	201	Claire Banks	Clarksville	TN
31	26:12	8:27	3	29 & under	17	F	124	Felicia Amick	Albemarle	NC
32	26:30	8:33	4	29 & under	15	M	227	Sam Billetdeaux	Ann Arbor	MI
33	26:52	8:40	4	29 & under	18	F	210	Alyssa Bixler	Columbus	OH
34	26:56	8:41	3	45-49	19	F	187	Karen McAvoy	Old Saybrook	CT
35	27:00	8:43	2	50-54	16	M	47	James Hannum	Edgewood	NM
36	27:04	8:44	4	45-49	20	F	32	Deborah Fillman	Owensboro	KY
37	27:07	8:45	5	50-54	21	F	64	Cynthia Mik	El Cerrito	CA
38	27:26	8:51	1	55-59	22	F	234	Cindy Mathiahen	Co Bluffs	IA
39	27:35	8:54		40-44	23	F	114	Julie Mantis		
40	27:38	8:55	3	30-34	24	F	93	Bridget Walters	Ocilla	GA
41	27:40	8:55	2	55-59	25	F	178	Sheryl Peterson	Mankato	MN
42	27:42	8:56	5	45-49	26	F	193	Elizabeth McKenzi	Sao Paulo	SP
43	27:47	8:58	2	30-34	17	M	87	Chris Tholstrom	Olympia	WA
44	27:48	8:58	3	50-54	18	M	65	Doug Miller	Westminster	MA
45	27:48	8:58	5	29 & under	27	F	220	Karyn Stegmaier	Fairfax	VA
46	27:50	8:59	4	30-34	28	F	204	Anita Goyal	Princeton	NJ
47	27:53	9:00	3	55-59	29	F	75	Susan Roszel	West Chester	OH

48	28:06	9:04	4	35-39	30	F	190	Sylvi Jacques	Ottawa	
49	28:09	9:05	6	40-44	19	M	99	Chuck Bolena	Irwin	PA
50	28:18	9:08	6	45-49	31	F	166	Cindy Thomas	Greenville	SC
51	28:20	9:08	4	40-44	32	F	172	Eilaeu Speueks	Beaverton	OR
52	28:20	9:08	5	40-44	33	F	17	Sue Boren	Columbia	MO
53	28:21	9:09	6	40-44	34	F	121	Paula Thompson	Phoenix	AZ
54	28:24	9:10	4	55-59	35	F	111	Sheri Downey	Lincoln	NE
55	28:30	9:12	7	40-44	36	F	150	Britta Rusk	Harrison	TN
56	28:35	9:13	7	45-49	37	F	11	Jane Abbey	Pensacola	FL
57	28:39	9:15	5	35-39	38	F	107	Laura McLaurin	Columbus	GA
58	28:55	9:20	6	35-39	39	F	250	Almed Surcuh	Wash	DC
59	28:58	9:21	6	29 & under	40	F	94	Olivia Wang	Princeton	NJ
60	29:11	9:25	6	50-54	41	F	235	Lynn Miller		
61	29:12	9:25	8	40-44	42	F	198	Diana Noller	Charhassen	NM
62	29:14	9:26	5	55-59	43	F	174	Carol Wilson	Kirkwood	MO
63	29:16	9:26	8	45-49	44	F	116	Margaret Rudisill	Albemarle	NC
64	29:23	9:29	7	29 & under	45	F	39	Kelsi Goetz	Hutcinson	KS
65	29:23	9:29	9	40-44	46	F	37	Keri Goetz	Hutchinson	KS
66	29:30	9:31	7	50-54	47	F	252	Laura Billetdeaux	Manchester	MI
67	29:39	9:34	10	40-44	48	F	22	Lori Church	Anderson	SC
68	29:49	9:37	5	30-34	49	F	48	Kristy Hill	Sault Ste. Mari	MI
69	29:58	9:40	7	35-39	50	F	134	Tamara Miller	Soldotna	AK
70	30:02	9:41	9	45-49	51	F	30	Emily Evina-Ze	Newburgh	NY
71	30:03	9:42	11	40-44	52	F	196	Gudrun Novak	Cherryville	NC
72	30:04	9:42	10	45-49	53	F	1636	Linda Boe	Greenville	SC
73	30:06	9:43	6	55-59	54	F	123	Christine Manko	Carterstown	MD
74	30:14	9:45		Age?	55	F	120	Susanne Meaney		
75	30:23	9:48	7	55-59	56	F	40	Kathleen Gold	Herndon	VA
76	30:27	9:49	12	40-44	57	F	66	Karen Myers	Olive Branch	MS
77	30:31	9:51	13	40-44	58	F	143	Lilia Herrera	Chicago	IL
78	30:33	9:51	4	50-54	20	M	45	Gale Hamann	Memphis	TN
79	30:39	9:53	8	35-39	59	F	142	Jenny Madzin	Cattonooga	TN
80	30:39	9:53	9	35-39	60	F	127	Shelley Scott	Chicago	IL
81	30:49	9:56	14	40-44	61	F	113	Patti Sobchak	Pewaukee	WI
82	30:50	9:57	6	30-34	62	F	255	Suboshana Saravan	Ontario	
83	31:00	10:00	10	35-39	63	F	33	Paula Freeman	Forest	MS
84	31:01	10:00	7	40-44	21	M	259	Joel Worthy	RH	SC
85	31:14	10:05	11	45-49	64	F	43	Sudie Gordy	Rockmart	GA
86	31:20	10:06	8	29 & under	65	F	171	Kelly Hoffheins	Montoursville	PA
87	31:20	10:06	3	45-49	22	M	23	John Close	San Francisco	CA
88	31:30	10:10	15	40-44	66	F	91	Katia Tse	Somerville	MA
89	31:31	10:10	7	30-34	67	F	167	Jennifer Hutchins	n Forest	VA
90	31:32	10:10	5	29 & under	23	M	251	Ziakariyya Elarbi	King Of Prussia	PA
91	31:34	10:11	5	50-54	24	M	239	Jimmy Overstreet	Lynchburg	VA
92	31:35	10:11	12	45-49	68	F	26	Sylvia Denton	Lynchburg	VA
93	31:38	10:12	8	55-59	69	F	54	Nancy Kora	Baton Rouge	LA
94	31:44	10:14	8	50-54	70	F	200	Susan Gionnakis	Gulf Breeze	FL
95	31:46	10:15	3	30-34	25	M	237	Patrick Farrimond	Tulsa	OK
96	31:52	10:17	8	30-34	71	F	185	Marddi Rahn	Fpu	
97	32:00	10:19	9	30-34	72	F	145	Marddi Rahn	Starkville	MS
98	32:05	10:21	9	29 & under	73	F	205	Rachel Byrd	Washington	DC
99	32:26	10:28	4	45-49	26	M	214	Ozzie Godleski	Carmel	IN
100	32:30	10:29	16	40-44	74	F	128	Starr Seip	Pine Grove	PA
101	32:34	10:30	10	30-34	75	F	216	Laura Schwartz	New Have	CT
102	32:41	10:33	11	35-39	76	F	13	Melanie Aracri	Ocilla	GA
103	32:45	10:34	9	55-59	77	F	1765	Nancy Poffenberge	Dupont	WA

104	32:48	10:35	6	50-54	27	M	2	Jonathan Smedley	Princeton	NJ
105	32:56	10:37	12	35-39	78	F	202	Roopal Patel	Bartlett	IL
106	33:03	10:40	17	40-44	79	F	236	Denise Potter	Ann Arbor	MI
107	33:10	10:42	11	30-34	80	F	1743	Gwendolyn Blackma	Nashville	TN
108	33:15	10:44	13	35-39	81	F	207	Sandra Yoraschek	NY	NY
109	33:24	10:46	18	40-44	82	F	1230	Dinah Pritts	Tucson	AZ
110	33:25	10:47	12	30-34	83	F	195	Heather Martinez	Othello	WA
111	33:35	10:50	13	30-34	84	F	244	Paula Tacker	Orange	TX
112	33:49	10:55	10	55-59	85	F	78	Nancy Schwartz	Papillion	NE
113	34:02	10:59	19	40-44	86	F	24	Martilyn Cloughery	Murrysville	PA
114	34:09	11:01	5	45-49	28	M	82	Gerry Smith	Valley	AL
115	34:10	11:01	14	30-34	87	F	97	Bobbie Williamson	Mills River	NC
116	34:24	11:06	13	45-49	88	F	156	Janice Monachina	Gladstone	MO
117	34:30	11:08	20	40-44	89	F	122	Bernadine Russell	Window Rock	AZ
118	34:37	11:10	21	40-44	90	F	151	Ellen Tessmann	Chattanooga	TN
119	34:51	11:15	11	55-59	91	F	247	Nancy Krupin	Kennewick	WA
120	35:05	11:19	10	29 & under	92	F	215	Jennifer Vissers	Champaign	IL
121	35:13	11:22	12	55-59	93	F	221	Amalia Flyes	SF	CA
122	35:39	11:30	14	45-49	94	F	68	Noraini Othman	Duluth	MN
123	35:42	11:31	9	50-54	95	F	41	Judy Gordon	Saint Maries	ID
124	35:44	11:32	10	50-54	96	F	69	Carla Patterson	Plummer	ID
125	35:46	11:32	11	50-54	97	F	1461	Teresa McDonald	Mendocino	CA
126	35:49	11:33	13	55-59	98	F	191	Valerie Schulz	Tavares	FL
127	36:01	11:37	14	55-59	99	F	16	Diane Bilotta	Grautham	NH
128	36:09	11:40	12	50-54	100	F	18	Barbara Buckles	Temple	TX
129	36:12	11:41	6	45-49	29	M	1084	Jeffrey Fayer	Princeton	NJ
130	36:14	11:41	22	40-44	101	F	81	Lisa Smith	Valley	AL
131	36:16	11:42	13	50-54	102	F	1590	Cheryl Franz	Madison	WI
132	36:18	11:43	14	35-39	103	F	194	Dulcye Field	Othello	WA
133	36:37	11:49	1	60-64	104	F	92	Mary Ann Verostek	Rock Hill	SC
134	36:40	11:50	1	65-69	105	F	50	Anne Hummel	Cornwall Bridge	CT
135	36:56	11:55	15	55-59	106	F	245	Andi Jacobson	Hollywood	FL
136	37:12	12:00	14	50-54	107	F	186	Kathleen Andrews	Pgh	PA
137	37:45	12:11	15	50-54	108	F	76	Denise Schmidt	Pigeon	MI
138	37:48	12:12	15	45-49	109	F	84	Denise Stumpf	Springfield	IL
139	37:52	12:13	16	45-49	110	F	58	Kathy Levin	Sherman	IL
140	37:56	12:14	15	30-34	111	F	148	Isabelle Kern	Orlando	FL
141	38:00	12:15	15	35-39	112	F	108	Sarah Scott	Orlando	FL
142	38:05	12:17	11	29 & under	113	F	109	Heather Van Slyke	Orlando	FL
143	38:09	12:18	16	30-34	114	F	1151	Kelly Koons	Sanford	FL
144	38:29	12:25	16	50-54	115	F	157	Jane Oshinsky	Baltimore	MD
145	38:30	12:25	16	55-59	116	F	1358	Martha Kenworthy	Beaufort	NC
146	38:30	12:25	17	45-49	117	F	36	Glenda Summervill	Cedartown	GA
147	38:32	12:26	17	30-34	118	F	101	Jennifer Boylan	Chicago	IL
148	38:41	12:29	18	45-49	119	F	1510	Clymelle White	E Freetown	MA
149	38:57	12:34	19	45-49	120	F	1627	Asey Sams	Rogers	AK
150	38:59	12:35	2	60-64	121	F	1577	Patricia Burns	Va Beach	VA
151	39:00	12:35	17	55-59	122	F	1403	Nancy Palmer	Columbia	MO
152	39:01	12:35	18	30-34	123	F	31	Katherine Farrell	New York	NY
153	39:15	12:40	23	40-44	124	F	1028	Melissa Baumann	Ormond Beach	FL
154	39:19	12:41	20	45-49	125	F	137	Brenda Taylor	Waycross	GA
155	39:46	12:50	2	65-69	126	F	62	Mary McHale	Ridge Maonr	FL
156	39:47	12:50	21	45-49	127	F	1021	Sandra Baker	Tampa	FL
157	40:23	13:02	17	50-54	128	F	55	Jean Kostak	Torrington	CT
158	40:33	13:05	7	45-49	30	M	232	Daivd Vidan		
159	41:10	13:17	3	60-64	129	F	70	Annette Pedersen	Brecksville	OH

160	41:30	13:23	4	60-64	130	F	188	Judi Gifford	Reagan	TN
161	41:32	13:24	16	35-39	131	F	1475	Sol Farias	Chicago	IL
162	41:33	13:24	6	29 & under	31	M	90	William H Tomlin	Harker Heights	TX
163	41:34	13:25	19	30-34	132	F	175	Cimone Skrzkut	St Charles	MO
164	41:36	13:25	24	40-44	133	F	1619	Beth Skinner	Wake Forest	NC
165	41:38	13:26	3	35-39	32	M	89	William P Tomlin	Harker Heights	TX
166	41:52	13:30	18	50-54	134	F	115	Linda Morton	Jamaica	NY
167	42:29	13:42	25	40-44	135	F	136	Cynthia Batson	Woodbridge	VA
168	42:42	13:46	19	50-54	136	F	1349	Terry Sullivan	Fredericksburg	VA
169	42:45	13:47	20	50-54	137	F	1211	Angela Norton	Chula Vista	CA
170	43:01	13:53	22	45-49	138	F	1614	Kim Deluca	Bethlehem	PA
171	44:04	14:13	18	55-59	139	F	1643	Catherine Burnett	Clarksville	MD
172	44:11	14:15	20	30-34	140	F	1329	Amanda Merritt	Winter Haven	FL
173	45:41	14:44	5	60-64	141	F	1306	Marilyn Ward	Kirkland	WA
174	45:47	14:46	3	65-69	142	F	1295	Iwalani Tsai	Kailua-Kona	HI
175	45:57	14:49	23	45-49	143	F	1754	Linda Weller	Frederickburg	VA
176	46:44	15:05	6	60-64	144	F	1472	Ruth Ann Hawkins	Danville	PA
177	46:45	15:05	21	50-54	145	F	1473	Heather Hess	Danville	PA
178	46:46	15:05	19	55-59	146	F	1127	Sandra Hoopes	Roanoke	VA
179	46:54	15:08	24	45-49	147	F	1497	Denise Weiers	Pitts	PA
180	47:03	15:11	26	40-44	148	F	1629	Julie Working	Lexington Park	MD
181	47:20	15:16	22	50-54	149	F	1337	Molly Connor	Rockwell	NC
182	47:21	15:16	23	50-54	150	F	1336	Wanda Honeycutt	Salisbury	NC
183	47:52	15:26	25	45-49	151	F	1239	Melinda Reed	Lompoc	CA
184	48:07	15:31	20	55-59	152	F	1630	Judi Wilcox	Hollywood	FL
	48:14	15:34	4	65-69	85	F	248	Pat Haldi	Liberty Lake	WA
185	48:22	15:36	27	40-44	153	F	1766	Theresa Garner	SF	CA
186	48:26	15:37	24	50-54	154	F	1752	Sue McLaughlin	Omaha	NE
187	48:30	15:39	21	30-34	155	F	213	Lisa Phillian	Charlotte	NC
188	48:38	15:41	21	55-59	156	F	1699	Shanti Kengeter	Doylestown	PA
189	49:47	16:04	28	40-44	157	F	1308	Cecerine Warner-Co	Snellville	GA