

28th annual
AADE 2009
 5kwalk/jog-a-thon

5K Walk Results
August 8, 2009

Overall	Time	Pace	PLC/	Age Group	PLC/	Gen	Bib#	Name	City	ST
1	33:24	10:46				F	1230	Dinah Pritts	Tucson	AZ
2	34:26	11:06	1	35-39	1	F	1259	Lisa Schnepf	Indianapolis	IN
3	35:57	11:36	1	45-49	2	F	1504	Lisa Miller	Media	PA
4	35:58	11:36	2	45-49	3	F	1137	Shelda Johnson	Goldsboro	NC
5	36:00	11:37	1	50-54	4	F	1453	Karen Harrihan	Dunn Loring	VA
6	36:50	11:52		45-49		F	1137	Claire Blum		
7	37:09	11:59	1	60-64	1	M	1356	Gary Wright	Heflin	AL
8	37:12	12:00	1	60-64	5	F	1617	Claudia Swenson	Olympia	WA
9	37:28	12:05	1	40-44	2	M	1109	Samuel Grossman	Edison	NJ
10	37:35	12:07	3	45-49	6	F	1197	Therese Moore	Greenwood	SC
11	38:03	12:16	2	50-54	7	F	1060	Shirley Conley	New Riegel	OH
12	38:33	12:26	3	50-54	8	F	1389	Joyce McCullen	Concord	NH
13	38:47	12:31	2	60-64	9	F	1321	Phyllis Wolff	West Babylon	NY
14	38:48	12:31	1	40-44	10	F	1011	Paula Ackerman	Munising	MI
15	38:49	12:31	1	30-34	11	F	1031	Amy Beutler	Lawrence	KS
16	39:23	12:42	4	45-49	12	F	1396	Cecilia Sauter	Ann Arbor	MI
17	39:29	12:44	2	40-44	13	F	1344	Colleen Corey	Las Vegas	NV
18	39:38	12:47	5	45-49	14	F	1372	Julisu Dimucci Wa	Spartanburg	SC
19	39:39	12:47	2	30-34	15	F	1540	Erica Moore	Greenville	SC
20	39:42	12:48	6	45-49	16	F	1744	Torkell Daley	Fort Leonard Wo	MO
21	40:30	13:04	3	60-64	17	F	1276	Druscilla Squires	Pasco	WA
22	40:47	13:09	1	55-59	18	F	1280	Sarah Sulsky	Brewster	MA
23	41:28	13:23	3	40-44	19	F	1289	Carolyn Tienarend	Bloomdale	OH
24	41:45	13:28	7	45-49	20	F	1092	Deanne Ford	Salem	OR
25	41:52	13:30	4	60-64	21	F	1499	Mary Hay	Clyde	OH
26	41:56	13:32	5	60-64	22	F	1023	Carolyn Banion	Aurora	CO
27	42:01	13:33	4	40-44	23	F	1449	Michelle Rushano	Springdale	AR
28	42:11	13:36	2	35-39	24	F	1748	Sonia Rose Falloo	Shellville	GA
29	42:57	13:51	6	60-64	25	F	1341	Nadine Uplinger	Southampton	PA
30	42:58	13:52	3	35-39	26	F	1715	Susan Pierce	Abington	PA
31	42:58	13:52	7	60-64	27	F	1119	Dana Herazo	Dauphin Island	AL
32	43:12	13:56	5	40-44	28	F	1312	Tracy White	Dunkirk	NY
33	43:16	13:57	2	55-59	29	F	1559	Cathy Mowry	Aurora	CO
34	43:24	14:00	4	50-54	30	F	1745	Miriam Junor	Bronx	NY
35	43:24	14:00	1	70-74	31	F	1048	Edith Buchert	Springfield	MO
36	43:30	14:02	6	40-44	32	F	1409	Lauren Webster	Jax	FL
37	43:32	14:03	5	50-54	33	F	1486	Kathryn Keirstead	Southboro	MA
38	43:32	14:03	3	55-59	34	F	1441	Patricia Speirs	Brookfield	IL
39	43:33	14:03	8	60-64	35	F	1203	Lovelina Nadkarni	Woodmere	NY
40	43:35	14:04	4	55-59	36	F	1057	Diana Cira	Cedar Rapids	IA
41	43:36	14:04	8	45-49	37	F	1362	Faye Moseley Rezi	Tomah	WI
42	43:38	14:05	9	45-49	38	F	1702	Elizabeth Johnson	Madison	WI
43	43:40	14:05	6	50-54	39	F	1296	Noriko Tsuchiya	Tokyo	OV
44	43:41	14:05	1	65-69	3	M	104	Saul Zuckman	Columbia	MD
45	43:43	14:06	5	55-59	40	F	1429	Geraldine Holt	Markham	IL
46	43:48	14:08	7	40-44	41	F	1128	Elaine Hudgens	Hampton	VA
47	43:53	14:09	8	40-44	42	F	1377	Kay Craven	Greenville	NC
48	43:54	14:10	7	50-54	43	F	1618	Carla Dill	Salina	KS

49	43:55	14:10	6	55-59	44	F	1517	Michelle Pagdaga	Otoughton	WI
50	43:59	14:11	7	55-59	45	F	1465	Jean Halford	Idaho Falls	ID
51	44:05	14:13	9	60-64	46	F	1323	Luisa Maria Ylaga	St. Louis	MO
52	44:06	14:14	8	50-54	47	F	1156	Patricia LaFontai	Cooperstown	NY
53	44:08	14:14	1	29 & under	48	F	1330	Kristina Martin	Spring Hill	TN
54	44:11	14:15	10	60-64	49	F	1591	Tanya Hansen	Madison	WI
55	44:18	14:17	11	60-64	50	F	1178	Elizabeth Manis	Tulsa	OK
56	44:19	14:18	1	65-69	51	F	1298	Mary Ann Tuohy	Mobile	AL
57	44:20	14:18	8	55-59	52	F	1066	Janice Davie	Franklin	WI
58	44:25	14:20	4	35-39	53	F	1462	Michelle Goss	Ft Gibson	OK
59	44:30	14:21	5	35-39	54	F	1463	Debbie Townsend	Ft Gibson	OK
60	44:38	14:24	10	45-49	55	F	1058	Julie Clyatt	Oviedo	FL
61	44:45	14:26	11	45-49	56	F	1351	Jenny Hein	Oviedo	FL
62	44:52	14:28	12	60-64	57	F	1355	Jeane Christenson	No Valley	IA
63	45:05	14:33	9	40-44	58	F	1311	Nancy Wertz	San Diego	CA
64	45:06	14:33	9	50-54	59	F	1112	Sandra Hammer	Nixa	MO
65	45:16	14:36	13	60-64	60	F	1155	Rachel Lachs	Hartsdale	NY
66	45:22	14:38	2	65-69	61	F	1589	Ruth Ann Schultz	Marietta	GA
67	45:41	14:44		60-64		F	1306	Marilyn Ward	Kirkland	WA
68	46:01	14:51	6	35-39	62	F	1293	Julie Trestrail	Sault Ste. Mari	MI
69	46:05	14:52	10	50-54	63	F	1457	Barbara Carden	Nashville	TN
70	46:09	14:53	9	55-59	64	F	1340	Iva Robinett	Norfolk	VA
71	46:11	14:54	11	50-54	65	F	1381	Yolanda Pearson	Newport News	VA
72	46:13	14:55	14	60-64	66	F	1663	Babs Carlson	Chesapeake	VA
73	46:31	15:00	3	65-69	67	F	1749	Mary Crocker	Silverabo	CA
74	46:44	15:05	12	45-49	68	F	1069	Kimberly DeCoste	Richmond	KY
75	46:46	15:05	15	60-64	69	F	1736	Karen Fitzner	Chicago	IL
76	46:48	15:06	10	55-59	70	F	1199	Pamela Moreland	Bent Mountain	VA
77	46:52	15:07	11	55-59	71	F	1390	Diane Schell	Dunlap	IL
78	46:55	15:08	12	55-59	72	F	1505	Connie Crawley	Athens	GA
79	46:58	15:09	1	45-49	4	M	242	Kent Dowell	Jax	FL
80	46:59	15:09	2	29 & under	73	F	1015	Marianna Dowell	Jax	FL
81	47:00	15:10	12	50-54	74	F	1730	Cynthia Leitschuck	Crestview	FL
82	47:54	15:27	10	40-44	75	F	1194	Sandra Midyette	Kinston	NC
83	47:54	15:27	13	45-49	76	F	1760	Maureen Klemme	Marion	IL
84	47:58	15:28	13	50-54	77	F	1762	Amy Stout	Herrin	IL
85	48:02	15:30	7	35-39	78	F	1448	Angie Thomas	Farmington	AR
86	48:06	15:31	11	40-44	79	F	1728	Mary Kamirez	Santa Clarita	CA
87	48:07	15:31	13	55-59	80	F	1373	Luanne Petrie	Colts Neck	NJ
88	48:08	15:32	14	55-59	81	F	1339	Chris Groth	Hartland	WI
89	48:10	15:32	8	35-39	82	F	1333	Monica Catchings	Windsor Mill	MD
90	48:12	15:33	16	60-64	83	F	1498	Janet Anselmo	Bedford Hts	
91	48:13	15:33	15	55-59	84	F	1062	Elaine Cooke	Maple Ridge	BC
92	48:14	15:34	4	65-69	85	F	248	Pat Haldi	Liberty Lake	WA
93	48:17	15:35	12	40-44	86	F	1345	Shelley Conner	Garner	NC
94	48:20	15:35	14	45-49	87	F	1054	Susan Chappell Wi	Efland	NC
95	48:23	15:36	17	60-64	88	F	1729	Mary Leighton	Omaha	NE
96	48:26	15:37	14	50-54	89	F	1737	Carla Mellon	Charlotte	NC
97	48:34	15:40	15	45-49	90	F	1095	Jennifer Foster	New Braunfels	TX
98	48:54	15:46	13	40-44	91	F	1270	Debra Slemmer	Fairless Hills	PA
99	48:55	15:47	14	40-44	92	F	1755	Colleen McGhee	Doylestown	PA
100	48:56	15:47	15	50-54	93	F	1240	Kathy Reily	Manassas	VA
101	48:58	15:48	16	50-54	94	F	1660	Karen Seifert	Scottsdale	AZ
102	49:03	15:49	15	40-44	95	F	1279	Becky Sulik	Idaho Falls	ID
103	49:07	15:51	16	55-59	96	F	1235	Emily Ragsdale	Tifton	GA
104	49:09	15:51	3	30-34	97	F	1232	Lori Quillen	Dayton	OH
105	49:10	15:52	17	55-59	98	F	129	Joan Bardsley	Hyattsville	MD

106	49:11	15:52	18	55-59	99	F	1470	Linda Marshall	Santer	CA
107	49:12	15:52	17	50-54	100	F	1641	Pam Koze	Kent	WA
108	49:13	15:53		Age?		U	1670	Unknown Entrant		
109	49:15	15:53	3	29 & under	101	F	1664	Jessica DiTommaso	Dayton	OH
110	49:24	15:56	19	55-59	102	F	1688	Liz Nesbit	Asheville	NC
111	49:26	15:57	16	45-49	103	F	1717	Kathleen Lawton	Sudbury	MA
112	49:28	15:57	1	50-54	5	M	1549	Roberto Mirasol	Quelm City	
112	49:28	15:57		60-64		F		Helen Rowland		
113	49:31	15:58	18	50-54	104	F	1266	Karen Shidler	Logansport	IN
114	49:33	15:59	20	55-59	105	F	1238	Marjorie Reamer	Pickford	MI
115	49:38	16:01	21	55-59	106	F	1716	Raleighetta Varne	Midway	GA
116	49:52	16:05		50-54		M	1734	Marti Wolf		
117	49:53	16:05	22	55-59	107	F	1624	Doris Erskine	Alamosa	CO
118	50:05	16:09	19	50-54	108	F	1110	Pamela Gutierrez	San Rafael	NM
119	50:09	16:11	23	55-59	109	F	1335	Hope Foster	Lovington	NM
120	50:13	16:12	20	50-54	110	F	1229	Gail Prater	Abington	PA
121	50:15	16:13	24	55-59	111	F	1488	Caroline Moore	St Louis	MO
122	50:16	16:13	18	60-64	112	F	1222	Ruth Ann Petzing	Southport	NC
123	50:20	16:14	17	45-49	113	F	1264	Beverly Sheffield	Kennesaw	GA
124	50:26	16:16	5	65-69	114	F	1200	Margaret Morris	Doniphan	NE
125	50:26	16:16	21	50-54	115	F	1223	Diane Phelps	Canton	GA
126	50:28	16:17	19	60-64	116	F	1740	Johanna Burani	Wayne	NJ
127	50:30	16:17	22	50-54	117	F	1739	Patricia Davidson	Westfield	NJ
128	50:33	16:18	23	50-54	118	F	1225	Carolyn Philson	Lanham	MD
129	50:38	16:20	1	55-59	6	M	1224	Reggie Philson	Lanham	MD
130	50:47	16:23	20	60-64	119	F	1557	Susan Brown	Hayesville	NC
131	50:50	16:24	18	45-49	120	F	1278	Gail Sulander	Manistique	MI
132	50:54	16:25	21	60-64	121	F	1214	Charlyle Parrish	Gulf Breeze	FL
133	50:55	16:25	25	55-59	122	F	1526	Nina Clark	Pensacola	FL
134	50:56	16:26	24	50-54	123	F	1753	Carol Bingert	Pensacola	FL
135	50:58	16:26	26	55-59	124	F	1562	Lynn Kihm	Newberry	MI
136	50:59	16:27	27	55-59	125	F	1518	Ann Friend	Macy	IN
137	51:01	16:27	6	65-69	126	F	1375	Lorraine Keith	Anderson	IN
138	51:03	16:28	4	29 & under	127	F	1160	Monica Lanning	Highlands Ranch	CO
139	51:05	16:29	19	45-49	128	F	1159	Lauren Lanning	Highlands Ranch	CO
140	51:07	16:29	20	45-49	129	F	1648	Tracey Sharpe	Brooklyn	NY
141	51:11	16:31	28	55-59	130	F	1397	Marti White	Orlando	FL
142	51:13	16:31	29	55-59	131	F	1237	Emily Ramer	Nashville	TN
143	51:14	16:32	21	45-49	132	F	1125	Sylvia Holman	Lancaster	CA
144	51:15	16:32	25	50-54	133	F	1582	Sue Donahue	Stow	OH
145	51:23	16:35	26	50-54	134	F	1247	Mary Lou Roethel	Oostburg	WI
146	51:31	16:37	9	35-39	135	F	1365	Deb Woelfel	Oshkosh	WI
147	51:36	16:39	5	29 & under	136	F	1014	Kelli Alexander	Mooreville	NC
148	51:40	16:40	30	55-59	137	F	1202	Deb Myers	Mooreville	NC
149	51:45	16:42	27	50-54	138	F	1458	Elizabeth Rodden	Trentmon	NC
150	51:50	16:43	16	40-44	139	F	1691	Rosy Sanchez	Dudley	MA
151	51:50	16:43	2	40-44	7	M	1692	Abraham Sanchez	Dudley	MA
152	52:00	16:46	22	45-49	140	F	1714	Jill Ward	Verona	PA
153	52:00	16:46	17	40-44	141	F	1275	Christina Squires	Nipomo	CA
154	52:21	16:53	18	40-44	142	F	1352	Monica Sanromon	Mexico	
155	52:32	16:57	22	60-64	143	F	1353	Margarita Prieto	Mexico	
156	52:42	17:00	31	55-59	144	F	1696	Deborah Halopka	Universal City	TX
157	52:46	17:01	7	65-69	145	F	1432	Dixie George	Longmont	CO
158	52:58	17:05	28	50-54	146	F	1302	Juanita Vasquez-Lo	Hondo	TX
159	52:58	17:05	2	60-64	8	M	1500	Michael Keohane	Lansing	KS
160	52:59	17:05	23	60-64	147	F	1088	Tina Fitzgerald	Mendota	IL
161	53:00	17:06	29	50-54	148	F	1053	Maureen Chace	Franklin	TN

162	53:01	17:06	19	40-44	149	F	1674	Mary Whitlock	Milford	NJ
163	53:02	17:06	32	55-59	150	F	1359	Sandra Wolder	Denver	CO
164	53:02	17:06	6	29 & under	151	F	1360	Leah Stephens	Denver	CO
165	53:05	17:07	30	50-54	152	F	1759	Anita Salerno	New Haven	CT
166	53:08	17:08	31	50-54	153	F	1205	Sharon Neighbors	Winfield	KS
167	53:09	17:09	32	50-54	154	F	1600	Debbie McGinnis	Shelton	WA
168	53:10	17:09	23	45-49	155	F	1121	Carla Herrington	Moultrie	GA
169	53:11	17:09	33	50-54	156	F	1594	Virginia Flanders	St Johnsbury	VT
170	53:12	17:10		Age?		U	1430	Unknown Entrant		
171	53:40	17:19	34	50-54	157	F	1513	Mary Hanes	Ocala	FL
172	53:55	17:24	35	50-54	158	F	1654	Cindy Lybarger	Nashville	TN
173	53:57	17:24	36	50-54	159	F	1650	Patti Ruiz	Enid	OK
174	54:01	17:25	2	65-69	9	M	1089	Paul Fitzgerald	Mendota	IL
175	54:05	17:27	24	60-64	160	F	1020	Pamela Baggett	Enid	OK
176	54:06	17:27	33	55-59	161	F	1105	Judy Greenwell	Louisville	KY
177	54:45	17:40	24	45-49	162	F	1757	Patti Urbanski	Cloquet	MN
178	54:26	17:34	25	45-49	163	F	1687	Mary Beth Horrell	Asheyville	NC
179	54:39	17:38	26	45-49	164	F	1761	Clara Wootson	Willingboro	NJ
180	54:52	17:42	34	55-59	165	F	1586	Claudia Shwide Sl	NYC	NY
181	54:52	17:42	37	50-54	166	F	1122	Joan Hill	Natick	MA
182	55:02	17:45	27	45-49	167	F	1767	Joyce Vergili	Kingston	NY
183	55:38	17:57	2	70-74	168	F	1519	Mary Jean Klebba	Grand Blanc	MI
184	55:39	17:57	28	45-49	169	F	1713	Christine Adams	G R	MI
185	55:40	17:57	38	50-54	170	F	1040	Barbara Borcik	Reisterstown	MO
186	55:42	17:58	20	40-44	171	F	1632	Sharon Bratcher	Baltimore	MD
187	55:46	17:59	35	55-59	172	F	155	Carla Teal	Greely	CO
188	55:47	18:00	36	55-59	173	F	1531	Karen Cola	Augusta	GA
189	55:48	18:00	37	55-59	174	F	1585	Sandra Maule	Evans	GA
190	55:48	18:00	25	60-64	175	F	1515	Susan Larisly	Augusta	GA
191	55:50	18:01	39	50-54	176	F	1685	Sara Beery	Elizabethtown	KY
192	55:51	18:01	3	60-64	10	M	1507	Arthur Crawley	Athens	GA
193	55:52	18:01	26	60-64	177	F	1530	Maria Ramos	San Antonio	TX
194	55:54	18:02	40	50-54	178	F	1502	Juanita O'Brien	Drakesville	IA
195	55:55	18:02	29	45-49	179	F	1506	Alyce Langley	Memphis	TN
196	55:56	18:03	38	55-59	180	F	1508	Rebecca Waldon	Memphis	TN
197	56:00	18:04	21	40-44	181	F	1317	Jennifer Wilson	Brewster	MA
198	56:01	18:04	30	45-49	182	F	1657	Katie Brennan	Nashville	TN
199	56:02	18:05	39	55-59	183	F	1655	Patsy Trimble	Nashville	TN
200	56:02	18:05	10	35-39	184	F	1494	Su You Liu	Taipan	
201	56:03	18:05	11	35-39	185	F	1495	Chen Ming Hui	Taiwan	
202	56:35	18:15	31	45-49	186	F	1568	Yeh Kueimdi		
203	57:07	18:25	27	60-64	187	F	1516	Ethel Ballenger	Lufkin	TX
204	57:11	18:27	40	55-59	188	F	1305	Ann Walker	Cornettsville	KY
205	57:14	18:28	28	60-64	189	F	1131	Susan Hull	Cornettsville	KY
206	57:16	18:28	32	45-49	190	F	1254	Heidi Rymaszewski	Germantown	WI
207	57:17	18:29	33	45-49	191	F	1301	Patti Urbanski	Cloquet	MN
208	57:20	18:30	34	45-49	192	F	1157	Mary Jo Lakatos	Marshall	MI
209	57:22	18:30	2	45-49	11	M	1304	Timira Volstromer	Marshall	MI
210	57:24	18:31	41	55-59	193	F	1521	Adele Corbin	Cincinnati	OH
211	57:27	18:32	29	60-64	194	F	1520	Diana Carmical	Milford	OH
212	57:30	18:33	30	60-64	195	F	1626	Kathleen O'Connel	New York	NY
213	57:32	18:34	4	30-34	196	F	1750	Mary Osgard	Niceville	FL
214	57:36	18:35	41	50-54	197	F	1043	Lynne Braxton	Winterville	NC
215	57:40	18:36	8	65-69	198	F	1172	Sue Liverman	Ahoskie	NC
216	57:50	18:39	35	45-49	199	F	1191	Ellen Medved	Roswell	GA
217	57:59	18:42	36	45-49	200	F	1415	Margaret Fowke	Silver Spring	MD
218	58:02	18:43	3	65-69	12	M	1512	Bruce Warwick	Kotlebue	AK

219	58:14	18:47	42	55-59	201	F	1386	Vicki Buchanan	Zephyrhills	FL
220	66:33	21:28	22	40-44	202	F	1747	Diane Collelo Pas	Waunakee	WI
221	66:33	21:28	12	35-39	203	F	1609	Geraldine Francis	Austell	GA
222	66:34	21:28	43	55-59	204	F	1608	Jill Lane	Cartersville	GA
223	66:34	21:28	37	45-49	205	F	1746	Diane McArtor	Dover	DE
224	64:35	20:50	31	60-64	206	F	1593	Carol Homko	Havertown	PA
225	63:36	20:31	38	45-49	207	F	1592	Linda Zamora	Blue Bell	PA
226	62:36	20:12	44	55-59	208	F	1764	Carol Heinzmann	Spring Lake Pk	MN
227	61:36	19:52	42	50-54	209	F	1763	Cindy Bratton	Lakeland	MN
228	60:37	19:33	45	55-59	210	F	106	Denise Piepoli	Scranton	PA
229	58:38	18:55	43	50-54	211	F	1175	Delean Lunger	Geneva	NY
230	58:40	18:55	46	55-59	212	F	1676	Linda Capraun	Asheville	NC
231	58:43	18:56	23	40-44	213	F	1758	Agnes Robins	Baker	LA
232	58:47	18:58	47	55-59	214	F	1669	Barbara Gerding O	Asheville	NC
233	58:52	18:59	48	55-59	215	F	1622	Marilyn Crowther	Leicester	NC
234	58:57	19:01	32	60-64	216	F	1408	Linda Bond	Boone	NC
235	59:02	19:03	49	55-59	217	F	1338	Pamela Gesford	Martinsburg	WV
236	59:07	19:04	33	60-64	218	F	1324	Nancy Yoder	Fort Wayne	IN
237	59:07	19:04	39	45-49	219	F	1724	Brenda Clemens	Ft Wayne	IN
238	59:17	19:07	13	35-39	220	F	1271	Daphne Smith	Chicago	IL
239	59:35	19:13	44	50-54	221	F	1055	Mei-Hua Chen	Great Neck	NY
240	58:54	19:00	40	45-49	222	F	1149	Brenda Klein	New York	NY
241	58:34	18:54	41	45-49	223	F	1690	Doris Welborn	Franklinville	NC
242	58:14	18:47	45	50-54	224	F	1768	Marian Walsh	Jefferson	MO
243	60:08	19:24	42	45-49	225	F	1689	Maria Meacham	Phoenix	AZ
244	60:08	19:24	5	30-34	226	F	1206	Jenifer Neighbors	Wichita	KS
245	61:47	19:56	4	60-64	13	M	1071	Les Deedon	Fresno	CA
246	63:26	20:28	7	29 & under	227	F	1292	Lizzie Tomlin	Harker Heights	TX
247	63:26	20:28	14	35-39	228	F	1291	Lisa Tomlin	Harker Heights	TX
248	63:59	20:38	3	70-74	229	F	1236	Louise Rahmann	Palm Springs	CA
249	66:35	21:29	34	60-64	230	F	1070	Lerri Deedon	Fresno	CA
250	83:30	26:56	50	55-59	231	F	1571	Mary Pruden	Va Beach	VA
251	83:30	26:56	5	60-64	14	M	1572	Vernon Pruden	Va Beach	VA