

# emerging elites

THE TRAINING PROGRAM FOR COMPETITIVE ATHLETES

Date	Name	Affiliation	Event	Time	Place	Notes
3-May	John Bleday	Xaverian Brothers	2 mile	10:04.54	1st	
3-May	John Bleday	Xaverian Brothers	4x800m	8:58.65		4th leg
3-May	Mike Amirault	Xaverian Brothers	2 mile	10:25.34	6th	
3-May	Mike Amirault	Xaverian Brothers	4x800m	8:58.65		1st leg
3-May	Jessica Kaliski	Wellesley High School	Mile	5:29.79	11th	
3-May	Jane Milne	Dover-Sherborn High School	Mile	5:46.77	25th	
3-May	Jane Milne	Dover-Sherborn High School	4x800m	10:36.73	5th	
10-May	Ari Garber	Brown University	3000m	10:30	1st	
10-May	Casey Hsiung	Boston College	200m	19:26	2nd	
10-May	Casey Hsiung	Boston College	4x400m	4:02		PR! 57.2
10-May	Amy Dao	Acton-Boxborough Regional	Mile	5:32.73	2nd	
10-May	Jessica Kaliski	Wellesley High School	Mile	5:33.59	12th	
10-May	Tom Finneran	Thayer Academy	1500m	4:17.73	3rd	
10-May	Tom Finneran	Thayer Academy	800m	2:03.14	4th	
10-May	Tom Finneran	Thayer Academy	4x400m	3:38.59	3rd	Anchored by Tom
10-May	Will Gibbons	Belmont Hill School	1500m	4:18.6	4th	
10-May	Will Gibbons	Belmont Hill School	3000m	9:37.69	4th	
10-May	Nate Dick	The Roxbury Latin School	1500m	4:19.94	5th	
10-May	Nate Dick	The Roxbury Latin School	3000m	9:57.94	12th	
10-May	Dan Burnett	BB&N	1500m	4:26.29	11th	
10-May	Dan Burnett	BB&N	3000m	9:51.66	10th	
10-May	Alex Tarnoff	Belmont Hill School	400m	52.04	1st	
10-May	Alex Tarnoff	Belmont Hill School	200m	24.06	1st	
10-May	Alex Tarnoff	Belmont Hill School	4x400m	3:40.68	4th	Anchored by Alex
10-May	Elena Kingston	BB&N	1500m	5:41.98	13th	
13-May	Mikaela Prego	Ursuline Academy	400m	69.63	7th	
13-May	Molly McFadden	Ursuline Academy	Mile	5:59.32	5th	
17-May	Will Gibbons	Belmont Hill School	3000m	9:32	3rd	
17-May	Will Gibbons	Belmont Hill School	1500m	4:19	6th	
17-May	Alex Tarnoff	Dartmouth	400m	52.69	4th	
17-May	Alex Tarnoff	Dartmouth	200m	23.70	5th	
17-May	Alex Tarnoff	Dartmouth	4x100m	45.08	3rd	3rd leg
17-May	Tom Finneran	Thayer Academy	1500m	4:16.79	5th	
17-May	Tom Finneran	Thayer Academy	800m	2:03.95	5th	
17-May	Ari Garber	Brown University	3000m	10:13	1st	Meet/School Record
17-May	Emily Lanois	Hamilton Wenham Regional	4xmile		1st	4th leg
17-May	Emily Lanois	Hamilton Wenham Regional	4x800m		2nd	4th leg
17-May	Alison Lanois	Hamilton Wenham Regional	4xmile		1st	1st leg, PR! 1st sub-5:35 mile
17-May	Alison Lanois	Hamilton Wenham Regional	4x800m		2nd	1st leg
17-May	Gabe Pacione	Hamilton Wenham Regional	4x800m		1st	Anchored by Gabe
17-May	Gabe Pacione	Hamilton Wenham Regional	4xmile		1st	Anchored by Gabe
21-May	Eva MacDonald	Boston Latin Academy	1 mile	5:56	1st	
21-May	Eva MacDonald	Boston Latin Academy	4x400m		1st	
21-May	Lee Milne	Dover-Sherborn Middle	1 mile	5:46	3rd	
21-May	Kate Ellinger	Meadowbrook School	800m	2:44.5	6th	
22-May	Colleen Caty	Algonquin Regional	400m	1:01.92	3rd	
22-May	Liz Crowley	RJ Grey Junior High	1 mile	5:46.29	6th	
22-May	Liz Crowley	RJ Grey Junior High	800m	2:39.04	7th	
24-May	Lindsay Walsh	Swampscott High School	2 mile	11:06	1st	PR!
24-May	Lindsay Walsh	Swampscott High School	High Jump	4' 11"	3rd	
24-May	Kaitryn Power	Stonehill College	800m	2:42.6		
24-May	Mikaela Prego	Ursuline Academy	400m	1:09.78		
24-May	Molly McFadden	Ursuline Academy	800m	2:44.44		
24-May	Ben Halpin	St. Johns Prep	1 mile	4:47.58	3rd	Freshman/Soph. Race
24-May	Andy Stillman	Xaverian Brothers	800m	1:59.78		
24-May	John Bleday	Xaverian Brothers	2 mile	9:58.07	1st	
24-May	Mike Amirault	Xaverian Brothers	2 mile	10:31.65		
24-May	Lee Milne	Dover-Sherborn Middle	800m	2:41		PR!
24-May	Will Gibbons	Belmont Hill School	1500m	4:12.99		PR!
24-May	Ari Garber	Brown University	1500m	4:44.95		PR!
24-May	Emily Lanois	Hamilton Wenham Regional	2 mile	11:03.5		School and Meet Record
24-May	Alison Lanois	Hamilton Wenham Regional	2 mile	11:23.6	3rd	
24-May	Gabe Pacione	Hamilton Wenham Regional	2 mile	9:53.8	1st	